

Cost of living and a request for your help

We all know that Australians are facing continuing cost of living challenges. A recent Anglicare survey reveals some of the ways that people cope by compromising their wellbeing:

I go without. I work, go home to look after my children, sleep, repeat day after day. I work 5 jobs to pay the rent. I don't take holidays for fear of losing my job.

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Being unwell is very expensive. To make my disability support pension stretch between payments, I skipped meals regularly, took less than the prescribed dose of some medications, used toilet paper in lieu of sanitary pads ... attended medical appointments during off-peak public transport times ... replaced lenses in glasses rather than buying new frames, went 15 years without seeing a dentist

The need for clothing, shoes and underwear for individuals and families is also continuing to climb, and Thread Together sites across the country are struggling to meet the demand. In Brisbane, we're having to cancel some site visits with the van because we don't have sufficient appropriate clothing items to offer our customers.

So we need your help. If you know of a fashion brand retailer, wholesaler or manufacturer in Queensland (especially for clothing such as T-shirts, sweatshirts, jeans, socks and shoes) who has new excess or sample stock that they would consider donating to Thread Together Queensland, please let us know.

We never sell donations, and do not charge to collect items from the donor's warehouse or store.

If you have questions or for more information, please contact Kate, our Thread Together Qld Coordinator, at klittmann-kelly@anglicaresq.org.au or 0408 569 164.



Thread Together in Logan

We have really hit the ground running with providing support to the community this year – in 2024 we have so far assisted over 450 individuals and supplied over 1000 pieces of clothing.

One of our biggest growth areas has been in and around the city of Logan and southern suburbs of Brisbane. The mobile wardrobe currently attends sites including the YMCA Vocational Junior and Senior Schools at Kingston (we visit once every term), Asylum Seeker and Refugee Assistance in Woodridge, Community Acacia Ridge, and Anglicare's Youth Support Services in Beenleigh and Aged Care Support in Bethania.



One of our volunteers, Lynn, prepares clothing for young people supported by Anglicare at Beenleigh earlier this month.

UQ Volunteers Expo and Sustainability Market



Making the most of a break in the weather



Washed out

On Wednesday 5 March, the Thread Together team was invited to participate in the University of Queensland Volunteers Expo and Sustainability Market.

It rained and rained! While not a lot of volunteering connections were made (students dashed past with brollies held high), much camaraderie was shared and valuable networking occurred amongst the stall holders and participants. A soggy and valuable day!

Become a partner

Our usual reminder that if you work with people who are doing it tough (in metro, regional or remote areas of Queensland), you can also apply to become a Thread Together partner. This enables you to place orders for new clothing directly on the Thread Together online portal, and have items delivered for free to your door. Contact Kate for help (threadtogether@anglicaresq.org.au) or apply quickly and easily at the onboarding form on the Thread Together website, at www.threadtogether.org/apply-charity-partner-online

Clothing hub bookings



To refer your clients for a Thread Together clothing hub appointment at Indooroopilly, please go to our [booking page](http://anglicaresq.org.au/thread-together-brisbane-clothing-hub) [anglicaresq.org.au/thread-together-brisbane-clothing-hub].

STAYING COVID SAFE

We have Covid-safe procedures in place. Please contact us if you have questions or concerns.



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