

# Abri Residential Aged Care, Southport

More than a home, we're a community.





"My advice as you age is to keep yourself occupied, and be around a lot of people, and that's why I love living here. I have friends to talk with, the staff are lovely and I get to play bingo."

RESIDENT

## It's about you

The care we offer, responds to the diverse needs and choices of each of our residents. Our philosophy supports providing autonomy, dignity and encourages residents to form and strengthen partnerships of care.

Every room is designed to feel homely and with comfort in mind. Natural light and easy access to outdoor spaces create a peaceful environment where residents can feel at ease.

**With over 150 years' experience, we are one of Queensland's most experienced and trusted aged care providers. Whether you need some help at home, want to improve your lifestyle and wellbeing, or are looking into residential aged care, we have a range of support services to help you and your family.**

## Our commitment to care

Our standards of care are lived through the philosophy and principles of our Rhythm of Life™ care model – embracing the power of person-centred care. This means that the care each resident receives is tailored to their health, spiritual, social and individual needs, interests and passions.

As part of our person-centred care model, we offer 24/7 registered nurse support, meaning you and your loved ones can have peace of mind knowing support is always available. A wide range of allied

health professionals attend our homes to provide specialised care tailored to our resident's needs. Abri also offers specialist dementia support care for residents living with dementia, to promote their wellbeing.

We deliver a high standard of care in line with the Aged Care Quality Standards set by the Aged Care Quality and Safety Commission, with feedback and outcomes regularly monitored to ensure we continually improve our services and meet your expectations.



# About Abri and our offering

Located at Southport, near the beautiful Gold Coast Broadwater, Abri is home to 51 residents. Abri is conveniently positioned close to shopping, public transport facilities, and features tranquil tree-lined grounds for residents to enjoy.

## Features

- 24-hour Nurses
- Dementia Support
- Onsite Chef
- Social Outings
- Allied Health
- Qualified Hairdresser
- Pastoral Care
- Landscaped Gardens

## Food

All meals at Abri are prepared onsite daily by our chef. Seasonal menus are developed in consultation with a nutritionist, resident feedback and many of our meals are inspired by our residents' favourite recipes. We can cater to any dietary requirements including individual and cultural needs.

## Health and wellbeing

At Abri, we provide a holistic approach to the health and wellbeing of residents.

Our Care Team meet with residents, families and other healthcare practitioners regularly to develop and review individual care plans, ensuring a high quality of care is provided to each resident, tailored to their needs and preferences.

### We offer services including:

- Dementia support including accommodation and life-enrichment programs
- 24-hour registered nurse support
- Visiting doctors and allied health professionals such as a physiotherapist, podiatrist, dentist, audiologist, speech therapist and dietitian.



**"I feel good knowing I'm eating well, and the food is delicious."**



# Our rooms

At Abri our rooms are designed to be comfortable and homely. We invite residents to bring cherished personal items to make their room their own.

All rooms feature a shared ensuite and provide ample natural light, storage and space, creating a serene and inviting environment where residents can rest, unwind and feel at home.



- Quality of care
- Friendly staff
- Value for money

**“We recognise our residents’ individual stories and are enriched by having them in our lives.”**



# Abri Residential Aged Care Home

37 Bauer Street, Southport QLD 4215



For more information about our services,  
pricing, or to book a tour of Abri,  
call us today on **1300 610 610**  
or visit [anglicaresq.org.au](http://anglicaresq.org.au)



Anglicare Southern Queensland acknowledges the Traditional Owners of the lands on which our services now stand. We pay our respect to Elders – past, present and emerging – and acknowledge the important role of Aboriginal and Torres Strait Islander people in caring for their own communities.

**Anglicare**  
Residential Aged Care