

**TASK OVERVIEW**  
**VOLUNTEER BUS DRIVER (Community)**

Physical Demands Factors	Occasional 1-33% of day	Frequent 34-66% of day	Constant 67-100% of day
<b>SITTING</b>		✓	
Comments	Driving buses. Assisting with table based activities, 1:1 communication with clients, sitting on bus. Able to break as required and walk around.		
<b>STANDING</b>	✓		
Comments	Occasional supervision of activities and/or outings. No prolonged standing.		
<b>WALKING</b>	✓		
Comments	Collecting and returning clients from home for activities, occasional assisting clients with walking, walking clients in outside areas such as parks.		
<b>STOOPING</b>	✓		
Comments	Should be avoided at all times by bending at hips and knees but may occur when reaching into awkward places. E.g. strapping clients into seat belts, strapping wheelchairs into floor supports of bus		
<b>CROUCHING</b>	✓		
Comments	Assisting clients on and off the bus, assisting clients to secure bus seat belts, storing mobility aids in the bus.		
<b>KNEELING</b>	✓		
Comments	Usually would not be required		
<b>CLIMBING</b>	✓		
Comments	Occasional onto and off bus, as a passenger, or as a driver. Up and down steps in to the bus.		
<b>BALANCING</b>	✓		
	Assisting ambulant clients.		
<b>FORWARD REACH</b>	✓		
Comments	Occasional manoeuvring wheelchairs, accessing supplies, assisting clients with table based activities, securing clients in bus seats & hoist. Storing mobility aids in the bus		
<b>OVERHEAD REACH</b>	✓		
Comments	Assisting clients on and off the bus. Occasional closing back door of buses.		
<b>USE OF HANDS &amp; FINGERS</b>		✓	
Comments	Driving the bus. Any written work. Use gross hand movement.		
<b>BENCH HEIGHT LIFT</b>	✓		
Comments	<b>Bench to shoulder:</b> Light articles to/from overhead shelves		

<b>Physical Demands Factors</b>	<b>Occasional 1-33% of day</b>	<b>Frequent 34-66% of day</b>	<b>Constant 67-100% of day</b>
<b>PUSH</b>	✓		
<i>Comments</i>	Occasional transporting clients in their wheelchairs. Opening /closing doors using bus hoist.		
<b>PULL</b>	✓		
<i>Comments</i>	Occasional clients in wheelchairs can be up to 12 kg rolling resistance. Opening /closing doors, using bus hoist.		
<b>CARRYING</b>	✓		
<i>Comments</i>	Supplies, – generally up to 5kg.		